

Admission Guide:

Surgical Process at Clínica Cirúrgica de Carcavelos

**JOAQUIM
CHAVES
SAÚDE**
DESDE 1959

This guide was created to provide useful information for your surgical intervention process and, if applicable, subsequent hospitalisation. For your comfort and quick recovery, during your stay at our clinic, you will receive personalised care provided by a multidisciplinary team.



SURGICAL PROPOSAL

After receiving the information on your surgical intervention in consultation with the surgeon, and signing the respective consent form, your file will be delivered to the Surgical Division where all procedural management will be carried out.



ANAESTHESIOLOGY CONSULTATION

An anaesthesiology consultation will take place where clinical issues relating to your surgical intervention will be addressed. You will also sign the respective anaesthesiology consent form. This consultation may be in person or by video.



NURSING CONSULTATION

On the same day as the anaesthesiology consultation, you will have a presurgical nursing consultation where information relating to your surgical intervention will be addressed. This can also be in person or by video.



ON THE DAY OF THE INTERVENTION

You should report to the Surgical Division. This team will refer you to Inpatient Care or Outpatient Surgery. You should bring your identification and the examinations carried out regarding your medical condition.



WHEN BEING ADMITTED

You do not need to bring any valuable objects;

Bring only your medication, in the original packages, indicated during your anaesthesiology consultation;

You do not need to bring food or hygiene products, only your personal belongings;

Pursuant to Law No. 37/2007 of 14 August, smoking is forbidden in establishments where healthcare is provided;

Only one person at a time is allowed to visit, from 11am to 2pm, and from 5pm to 8pm. The presence of an accompanying person will always be subject to authorisation. For information on your accompanying person, please contact the Nursing Team from 11am to 1pm, and from 6pm to 8pm.



WHEN BEING DISCHARGED

Clarify your doubts with the healthcare professionals;

Make sure you have all of the necessary documentation;

Make sure you take all of your belongings;

You may only leave the clinic with an accompanying person;

If you are discharged during working hours, you will be referred to the Surgical Division by a healthcare professional in order to finalise your process.



POST-SURGICAL CONTACT

Up to 72h after your intervention, you will receive a phone call from the Inpatient Department Nurse to follow up on your condition. After 30 days, you will be contacted again for the same purpose.

If you require assistance from the Nursing Team after being discharged, you can use our home support services, upon assessment by this team. However, in case of doubt, you can always contact the team through the respective contact details.